

What is the LAIHA?

The Lexington Amateur Ice Hockey League is a non-profit organization that exists to provide ice time to those adults who are interested in joining a team or learning to play ice hockey in Lexington.

How Do the Leagues Work?

There are two leagues, each consisting of 4 teams. We conduct tryouts for new players the beginning of each session.

The A league is for more experienced players who focus on competition and team-oriented play.

The B league is our development league which focuses on learning and having fun.

Visit our league website at www.laiha.com or contact an officer. We usually run two full sessions (10 weeks) with teams, and two sessions of pickup hockey.

Who Do I Call for Information?

Bill M. Rice, President	859.543.9296
Tina Lemire, Vice President	859.224.8507
Martin Rivers, Treasurer	859.269.2845

Lexington Amateur Ice Hockey Association
Martin Rivers • 148 Idle Hour Drive • Lexington, KY 40502



ADULT ICE HOCKEY



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Why Play Adult Ice Hockey?

Simply put... it's Fun! Not only a great way to stay in shape, but also make some new friends!

Who Plays Hockey In Lexington?

We have Men and Women ranging from the ages of 18-55. The passion to play ice hockey unites everyone from all walks of life and backgrounds. While we have former professionals playing in our A league, we have first-time players learning the basics at 30 years old in our B league.

You must be 18 to play. Minors are permitted to play pickup with parental consent only. No coaches or other adults may give consent. **Note: minors are not eligible to play pickup between September - March anytime. We honor a non-compete agreement with the Bluegrass Youth Hockey Association.

When Do You Play?

We usually operate from August to May, depending on when the Lexington Ice Center closes for annual maintenance. Our Fall session runs from September to December. Winter session runs from January to March, with playoffs.

Each team plays 20 games in a 10 week period. We do not skate on Thanksgiving, Christmas, Superbowl and Easter.

Pickup games are usually offered from April - May. See our website for dates.

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What Does It Cost?

Please contact an officer for most current pricing, as rates may have increased since printing of this brochure.

Full Time (20 games) \$220

Part Time (10 games) \$130

Pickup games \$15 per game

*If we have a large turnout for pickup, we will extend the ice time to ensure each player gets plenty of ice time.

What Equipment Do I Need?

We require the following equipment listed below. Having trouble finding equipment locally? Visit our links page for online retailers at www.laiha.com/linkgear.html

- Helmet (Shield / Cage recommended)
- Shoulder Pads
- Hockey Pants
- Athletic Cup or Pelvic Supporter
- Shin Guards
- Gloves
- Skates
- Stick

LAIHA Online

Log on to www.laiha.com for all the latest happenings in the league. Our homepage acts as a virtual bulletin board. Schedules, rosters, registration and contact information make the site informative. We also have areas for pictures and an extensive links page covering leagues, womens hockey, goalie, roller hockey, equipment etc. which make the site usable.

Please feel free to send any feedback to us on the league, whether online, in person or by phone.

